

Cromer optician **JULIEN NELSON** talks about optical news and issues.



Give yourself a sporting chance

Sport is an all year-round hobby, and that can mean experiencing ever-changing light conditions.

Even though we know how to perform the task at hand the ambient surrounding light can affect performance.

Whatever sport you enjoy, you may benefit from custom-made eyewear to give you great visual comfort and even a slight advantage over your opponent (no guarantee though).

For the more successful sportspeople, the ideal eyewear is a bonus.

We can search different aspects of sports eyewear in our practice to suit your favourite sport.

The lenses can have Light Stabilising Technology (LTS). This tint reduces glare to a comfortable level, enhances detail and contours of terrain. It gives improved natural colour perception and high contrast

vision, ideal for the golfers. Adidas products are endorsed by Justin Rose no less.

Other lens options are available – photochromic to darken in the sunlight and polarised to illuminate surface reflections, ideal for the sailors among us.

Sports frames need to be comfortable and a secure fit. The frames are made of lightweight, flexible and allergy-free material and come in a range of sizes.

In many cases, sports eyewear uses highly-curved wraparound lenses. This creates significant problems when you try and manufacture a prescription lens into a high curve.

Sports spectacles require a specialist manufacturer to produce high-quality lenses in either single vision or multi-focal design.

We can cater for all sports,



goggles for swimmers and masks for divers, wraparound eyewear for clay shooters and cyclists, safety eyewear for rugby players and footballers. All designs can cope with most spectacle prescriptions.

So whatever your activity, pop into Cromer Eyecare for custom-made sports eyewear.

To get it right can sometimes

carry a cost with specialist curves and tints, but when you're spending money on sports equipment it's no real use if you can't see to use it.

At Cromer Eyecare we offer a genuine 0% offer to spread cost over nine months (a small credit check is required). So don't put it off – you never know how good you may become.



see better.
be better.

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