

Cromer optician **JULIEN NELSON** talks about optical news and issues.



Protection in the sun

At Cromer Eyecare, May is traditionally a time when we renew our sunspec stock for the year ahead.

We are all very aware of the damage that ultra violet (UV) rays can do to our skin, and it is also very important that we protect our eyes from UV rays.

Good protection against harmful rays can help delay the onset of cataract and macular degeneration, as well as avoiding wrinkles as we frown against the bright light. (I don't think any text book mentions that but to some of us that is a very valid reason for some sunspecs.)

Whether it's a hot sunny day or a cold sunny winter morning, sunglasses with UV protection are a vital eyewear accessory. That's why all the sunglasses we supply come with 100% UVA and UVB protection as standard.

We offer a great range of sunglasses from the renowned Ray Ban brand. Whether you're looking for something to wear around town or for special sporting events, we'll have the perfect pair for you.

At Cromer EyeCare we provide



prescription and non-prescription sunglasses.

Prescription sunglasses don't require a compromise when it comes to style.

Our Ray Ban collection includes some great-looking sunglasses you'll enjoy wearing wherever you go and for any occasion.

Our talented team in our in-house workshop can also apply prescription lenses to any frame meaning whatever you want, you'll get.

Keep your eyes safe with a nice pair of sunglasses. Come and visit us to try on some of our fantastic frames and arrange an eye test to find the perfect sun lens for your needs.



- Private & NHS Eye Examination • Retinal "OCT Scanning" • Contact Lens • Friendly & Professional Staff
- Registered with the General Optical Council • On-Site Workshop • Fashion Frames For All Ages
- Magnifiers & Accessories • Safety / VDU / Sports Eye Care • Visioffice 2 Individualised Lens Technology

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